

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 5 & 6**

SKILL AREA	STUDENT OBJECTIVE	EXAMPLE/ACTIVITIES	RESOURCE/MATERIALS	ASSESSMENT	NJ CORE CURRICULUM STANDARD
<u>BASKETBALL</u>	Students will be able to: <ul style="list-style-type: none"> • show more agility and speed; • feel more secure with a basketball; • use all passes with more spatial awareness and accuracy; • make successful passes without traveling. • show greater control and have more security; • mimic feint; • develop body awareness; • demonstrate the ability to make a quick change in direction. 	I. <u>SKILLS</u> A. Ball Handling Review skills (1 - 4) from grades 1, 2, and Special Education and skills (5 - 10) from grades 3 & 4 as appropriate. B. Passes Review skills (1 -2) from grades 1, 2, and Special Education and skill (3) from grades 3 & 4 as appropriate. 4. One-Hand Push Pass C. Pivot, Feint & Guard Review skill (1) from grades 3 & 4 as appropriate. 2. Feint Each child will make an attempt to move their body in one direction and go in the opposite. They can practice against the wall and with a partner. 3. Guard Children will use their arms, one high and one out to side, to change with motion. They will try to stop the ball. They can practice with a partner.	<ul style="list-style-type: none"> • 30 - 8 ½" Playground Balls or Jr. Basketballs • Same as above • Same as above 	<ul style="list-style-type: none"> • Teacher Observation • Teacher Observation • Teacher Observation 	2.5 A.1-4 B.1,8 C.1 2.5 A.1-4 B.1,8 C.1 2.5 A.1-4 B.1,8 C.1

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<u>BASKET-BALL</u>	<p>Students will be able to:</p> <ul style="list-style-type: none"> • use dribble correctly, with speed on the run; • cooperate with team; • be positive with teammates; • improve accuracy of running, dribbling, and passing. 	<p>II. <u>DRILLS</u></p> <p>A. Ball Handling</p> <p>Review drills (1 - 6) from grades 1 - 4 and Special Education as appropriate.</p> <p>B. Catching and Throwing</p> <p>Review drills (1 - 2) from grades 1, 2, and Special Education and drills (3 - 4) from grades 3 & 4 as appropriate.</p> <p>5. Dribble Circle Relay</p> <p>Divide the class into teams of 10-12 players and have each team form a circle. Give each circle a basketball. On signal from the teacher, 1st player must dribble in the correct direction and back to their original space, passing the ball to the player on the right. When player is finished, they sit down. Point will be scored for the team finishing first. Teams can play in either direction.</p>	<ul style="list-style-type: none"> • 1 Jr. Basketball for each circle 	<ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 B.1,8 C.1</p>

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<u>BASKETBALL</u>	<p>Students will be able to:</p> <ul style="list-style-type: none"> • make foul or rim shots by proper follow through; • hit the backboard in a lay-up shot; • demonstrate coordination; • develop body awareness. <ul style="list-style-type: none"> • add more teamwork; • develop body awareness; • increase accuracy of running, passing, and pivoting; • demonstrate ability to use strategy in a game situation. 	<p>II. <u>DRILLS</u> (continued)</p> <p>C. Basketball Shooting</p> <p>Review drills (1 - 5) from grades 1, 2, and Special Education and drills (6 - 7) from grades 3 & 4 as appropriate.</p> <p>8. Lay-Up Shot on the Run</p> <p>Children will add steps to lay-up shot by going up on opposite foot when shooting. They can practice by facing a wall, dribbling on the move to the backboard, and on the right, left and center of the backboard.</p> <p>III. <u>GAMES</u></p> <p>Review games (A - J) from grades 1, 2, and Special Education and games (K - R) from grades 3 & 4 as appropriate. Add the following variation:</p> <p>P. Dribble Tag (variation from grades 3 & 4 as follows)</p> <p>Eight players will be "IT" and will be given 4 balls. They will pass back and forth to each other as they dribble and tag.</p>	<ul style="list-style-type: none"> • 30 - 8 ½" Playground Balls or Jr. Basketballs <ul style="list-style-type: none"> • 4 - 8 ½" Playground Balls or Jr. Basketballs 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 B.1,8 C.1</p> <p>2.5 A.1-4 B.1,8 C.1</p>

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<u>BASKET-BALL</u>	<p>Students will be able to:</p> <ul style="list-style-type: none"> • demonstrate team work; • develop body awareness; • increase accuracy of shooting and throwing skills; • increase accuracy of long distance passes, using overarm, overhead, and bounce passes. <ul style="list-style-type: none"> • use teamwork • be familiar with basketball rules and referee calls such as traveling, double dribbling, fouling, and jump ball start; • increase accuracy of dribbling, passing, feinting and guarding. 	<p>III. <u>GAMES</u> (continued)</p> <p>S. American Ball</p> <p>Divide class into 2 teams, placing each team at opposite ends of the basketball court. Players will hit other players with the ball to get them "out." They will shoot foul shots to get "out" players back into the game.</p> <p>T. Hoop Ball</p> <p>This game introduces the actual game of basketball. There will be 5 players on each team. Players are matched to guard another. A pin marker is placed in the free-throw jump circle on either end. Each pin is guarded by a player from each team. Only the pin guard is allowed to be in a circle. The object is to knock down the opponent's pin with the ball. Start the game with a jump ball in the center. Players try to dribble, throw and/or pass to players who are close to opponent's pin. If a player knocks down the pin, they score 2 points. If the guard accidentally knocks down the pin, the opponent scores. Basketball rules apply to this game. If a player "fouls" by touching an opponent, the opponent is awarded a "free throw" from the center court line. If they knock down the pin, they score 1 point. The first team to score 21 points is the winner.</p>	<ul style="list-style-type: none"> • 3 Soft Gator Skin Balls • Basketball Court <ul style="list-style-type: none"> • 1 Basketball • 2 Bowling Pins or Plastic Containers • Basketball Court 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 A.7 B.1,8 C.1</p> <p>2.5 A.1-4 A.7 B.1,8 C.1</p>

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<u>BASKET-BALL</u>	<p>Students will be able to:</p> <ul style="list-style-type: none"> • demonstrate knowledge of all basketball skills; • experience defensive and offensive moves; • use the whole team; • respect a captain and follow his/her directions; • enjoy basketball activities. <ul style="list-style-type: none"> • encourage every player to take the chance to score whenever possible; • use team work, using all team players; • demonstrate knowledge of all basketball skills. 	<p>III. <u>GAMES</u> (continued)</p> <p>U. Ten Passes</p> <p>Divide the class into 2 teams of girls and 2 teams of boys. The object is to complete 10 passes without the opponents stealing the ball. If the count is interrupted, it starts over again when that team regains possession of the ball. While one group plays, the other watches. Allow 5 minutes to win or have the most passes.</p> <p>V. Squad Ball</p> <p>Divide the class into 4 groups. Number each player and have the groups sit along the sidelines. Begin the game by having the four Number 1 players playing against the four Number 2 players. Start the game with a jump ball. The group that scores 3 points first is the winner and they will remain on the court to play the four Number 3 players. Other players will return to their place on the sidelines. Continue until all players have had a change to rotate into the activity. Basketball rules apply to this game.</p>	<ul style="list-style-type: none"> • 1 Basketball • Basketball Court <ul style="list-style-type: none"> • Same as above 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 A.7 B.1,8 C.1</p> <p>2.5 A.1-4 A.7 B.1,8 C.1</p>

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<u>BASKET-BALL</u>	<p>Students will be able to:</p> <ul style="list-style-type: none"> • use all skills, teamwork and challenges of basketball; • prepare for higher, organized basketball; • improve accuracy of guarding, dribbling, passing, and shooting skills. <ul style="list-style-type: none"> • demonstrate leadership; • respect captains, team members and referee; • put all rules, skills, and team play to work in a game situation; • demonstrate sportsman-ship in play and in winning and losing; • demonstrate knowledge of all basketball skills; 	<p>III. <u>GAMES</u> (continued)</p> <p>W. Nine-Court Basketball</p> <p>Divide the class into 2 teams, 1 team designated the pinney team and other as the non-pinney team. The basketball court is divided into 9 different areas. Start the game with a jump ball in the center court. All players must stay in their own court as follows:</p> <ul style="list-style-type: none"> - Forwards at the basket end - Center in the middle - Guards at opposite baskets <p>Score is 2 points for each basket. Rotate players after each basket. Extra players at starting end. Variation - allow foul shooting for fouls - score is 1 point. Play 15 to 20 minutes.</p> <p>X. Elimination Nine Court</p> <p>This is a Basketball Tournament:</p> <p>5th grades play 5th grades 6th grades play 6th grades</p> <p>Winners play winners only in their own grade level. Losers are eliminated.</p>	<ul style="list-style-type: none"> • 1 Basketball • 15 Pinneys <ul style="list-style-type: none"> • 1 Basketball • Pinneys • Basketball Court • Score Sheet 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 A.7 B.1,8 C.1</p> <p>2.5 A.1-4 A.7 B.1,8 C.1</p>