

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 3 & 4**

| SKILL AREA | STUDENT OBJECTIVE | EXAMPLE/ACTIVITIES | RESOURCE/MATERIALS | ASSESSMENT | NJ CORE CURRICULUM STANDARD |
|--------------|---|---|--|--|--|
| <u>DANCE</u> | <p>Students will be able to:</p> <ol style="list-style-type: none"> 1. perform a slide step; 2. stay in unison with other classmates; 3. count 4 beats in between each step. 4. move in unison with other classmates; 5. understand the meaning of underlying beats; 6. work well with partners, teams, or whole class. 7. demonstrate stepping and kicking. | <p>Review dances from grades 1, 2, and Special Education as appropriate.</p> <p><u>ELECTRIC SLIDE</u></p> <p>Children will form 2 lines and perform the following steps:</p> <ol style="list-style-type: none"> 1. All slide 3 steps to the right and clap. 2. All slide 3 steps to the left and clap. 3. All glide 3 steps back and clap. 4. Point body down to the ground, then take a step and turn to the right. 5. Repeat steps 1-5 throughout the song. <p><u>CONGA LINE</u></p> <p>The children will start solo and build from there. The dance starts with 3 small steps, Right - Left - Right, then kick. End the 3 steps with a kicking motion. Continue these steps, starting with the opposite foot, Left - Right - Left, then kick.</p> | <ul style="list-style-type: none"> • <i>Electric Boogie</i> - Martha Griffith • <i>Hot-Hot-Hot Conga</i> | <ul style="list-style-type: none"> • Teacher Observation • Teacher Observation | <p>2.5 A.1-4 A.7,9 B.5</p> <p>2.5 A.1-4 A.7,9 B.5</p> |

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| <u>DANCE</u> | <p>Students will be able to:</p> <ul style="list-style-type: none"> • perform a cha-cha step; • perform a grapevine step; • demonstrate kick turns; • demonstrate rocking motion. • socially interact with classmates; • develop a positive attitude towards dancing. <ul style="list-style-type: none"> • work and dance individually; • perform a grapevine step; • follow along with the music; • perform a pivot step and a stomp step; • demonstrate clapping and shaking. | <p><u>4 KICK CONTINENTAL</u></p> <p>Children will stand in line formation and perform the following steps:</p> <ol style="list-style-type: none"> 1. Grapevine to the right for 8 counts. 2. Grapevine to the left for 8 counts. 3. Cha Cha forward for 8 counts (right foot leads). 4. Cha Cha forward for 8 counts (left foot leads). 5. Beginning with right foot, do 4 heel kicks, making a 1/4 turn to the right. 6. On the third kick, bring the right foot up across the left leg (in front). 7. On the fourth count, start the grapevine step again, going to the right. <p><u>CALIFORNIA SLIDE</u></p> <p>Children will stand in line formation and perform the following steps:</p> <ol style="list-style-type: none"> 1. Grapevine to the right. 2. Grapevine to the left. 3. Step forward, right together with left. 4. Step backward, left together with right. 5. Step backward, right, left, right, close with left. | <ul style="list-style-type: none"> • <i>Move This Tecnotronic</i> • <i>Hitman - A B Logic</i> | <ul style="list-style-type: none"> • Teacher Observation • Teacher Observation | <p>2.5 A.1-4 A.5,7,9 D.1-3 E.1</p> <p>2.5 A.1-4 A.5,7,9 D.1-3 E.1</p> |

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| <p><u>DANCE</u></p> | <p>Students will be able to:</p> <ul style="list-style-type: none"> • work and dance individually; • perform a grapevine step; • follow along with the music; • perform a pivot step and a stomp step. | <p><u>CALIFORNIA SLIDE</u> (continued)</p> <ol style="list-style-type: none"> 6. Rock forward on left for 2 beats. 7. Rock backward on right for beats (slow rock). 8. Rock forward on left for 1 beat. 9. Rock backward on right for 1 beat. 10. Bring right foot up around front, turning 1/4 to the left. <p>Children can start over and continue the steps throughout the music.</p> <p><u>HONKY TONK STOMP</u></p> <p>Children will stand in line formation and perform the following steps:</p> <ol style="list-style-type: none"> 1. Stomp right foot and toe flair 2x. 2. Step right heel 2x in front. 3. Step right toe 2x in back. 4. Step right heel 1x in front. 5. Step right toe 1x in back. 6. Stomp right foot 2x. 7. Step left heel 1x in front. 8. Step left toe 1x in back. 9. Stomp left foot 2x. 10. Step to the right and grapevine. 11. Return grapevine to the left. 12. Pivot on left 180 degrees to face opposite wall. 13. Continue with grapevine to the right. 14. Grapevine back to center and repeat. | <ul style="list-style-type: none"> • <i>Boot Scootin' Boogie</i> - Brooks & Dunn or <i>Old Type Rock & Roll</i> - Bob Seegar | <ul style="list-style-type: none"> • Teacher Observation | <p>2.5 A.1-4 A.5,7,9 D.1-3 E.1</p> |

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| <u>DANCE</u> | Students will be able to: <ul style="list-style-type: none"> • stay in unison with classmates; • understand meaning of underlying beats; • develop a positive attitude toward dance. | <u>GLOUCESTER TOWNSHIP SHAKE</u> Children will stand in line formation and perform the following steps: <ol style="list-style-type: none"> 1. Put fists together and place over right shoulder 2x. 2. Put fists together and place over left shoulder 2x. 3. Put fists together and place by right hip 2x. 4. Put fists together and place by left hip 2x. 5. Put right hand in the air 2x. 6. Put left hand in the air 2x. 7. Put right hand on right hip 2x. 8. Put left hand on left hp 2x. 9. Jump twice in place. 10. Do a third jump and turn 1/4 to the right. 11. Repeat above steps. | <ul style="list-style-type: none"> • <i>Achy Breaky</i> - Bill Ray Cyrus or <i>Give It Up</i> - Goodman | <ul style="list-style-type: none"> • Teacher Observation | 2.5 A.1-4 A.5,7,9 D.1-3 E.1 |