

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 1, 2 & SPECIAL EDUCATION**

SKILL AREA	STUDENT OBJECTIVE	EXAMPLE/ACTIVITIES	RESOURCE/MATERIALS	ASSESSMENT	NJ CORE CURRICULUM STANDARD
SOCCER	<p>Students will be able to:</p> <ul style="list-style-type: none"> • keep ball moving with both feet while running; • keep eyes on where they are going and down to ball; • use all portions of foot; • use arms for balance. <ul style="list-style-type: none"> • stop ball with sole of foot and maintain balance; • keep eyes on ball. <ul style="list-style-type: none"> • kick ball to another object or player. <ul style="list-style-type: none"> • push or pass ball to another player; • use instep of kicking foot; • maintain balance. 	<p>I. <u>SKILLS</u></p> <p>A. Dribble</p> <p>Have students move ball with all portions of the foot. They will take relatively small steps and keep ball no further than one yard away. They will keep eyes on ball as well as where they are going. Arms will help with balance.</p> <p>B. Trap</p> <p>Have students approach ball, raise their foot up and wedge the ball between their foot and the ground. Keep weight on opposite foot.</p> <p>C. Kick (Full Instep Kick)</p> <p>While keeping their eyes on the ball and turning their kicking toe downward, have students make contact with the ball with the top of their instep.</p> <p>D. Pass</p> <p>With non-kicking foot alongside the ball, have students use the side of the kicking foot to push the ball to another player.</p>	<ul style="list-style-type: none"> • Soccer ball or 8 ½" play-ground ball for each student <ul style="list-style-type: none"> • Soccer ball or 8 ½" play-ground ball for each student <ul style="list-style-type: none"> • Soccer ball or 8 ½" play-ground ball for each student <ul style="list-style-type: none"> • Soccer ball or 8 ½" play-ground ball for each student 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 A.8-9 B.5</p> <p>2.5 A.1-4 A.8-9 B.5</p> <p>2.5 A.1-4 A.8-9 B.5</p> <p>2.5 A.1-4 A.8-9 B.5</p>

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 1, 2 & SPECIAL EDUCATION**

SKILL AREA	STUDENT OBJECTIVE	EXAMPLE/ACTIVITIES	RESOURCE/MATERIALS	ASSESSMENT	NJ CORE CURRICULUM STANDARD
SOCCER	<p>Students will be able to:</p> <ul style="list-style-type: none"> • make quick changes in direction while running; • dribble soccer ball with all parts of foot; • trap with sole of foot • make quick changes in direction while running; • dribble soccer ball with all parts of foot; • trap with sole of foot • use instep kick; • trap with sole of foot. • push with side of foot. • aim with eyes on cone; • kick; • trap. 	<p>II. <u>DRILLS</u></p> <p>A. Dribble, Trap</p> <p>Spread class out. Have one player dribble out into playground area. On whistle, all students will trap the ball. On "GO!" all students will dribble back to their partner. Partner then does the same.</p> <p>B. Dribble, Trap In and Out of Cones</p> <p>Scatter cones in one area and do the same drill as above.</p> <p>C. Kick and Trap</p> <p>Each two players have one ball. They will practice "Kick and Trap."</p> <p>D. Circle Pass</p> <p>Group 4 or 5 students together in a circle and have them practice passing the ball around the circle and across the circle.</p> <p>E. Cone Kick</p> <p>Place one cone between two students. Have them kick to knock down the cone.</p>	<ul style="list-style-type: none"> • Soccer ball or 8 ½" play-ground ball for each 2 students • Whistle • Soccer ball or 8 ½" play-ground ball for each 2 students • Cone for each 2 students • Soccer ball or 8 ½" play-ground ball for each 2 students • Soccer ball or 8 ½" play-ground ball for every 4 or 5 students • Cone for each 2 students 	<ul style="list-style-type: none"> • Teacher Observation • Teacher Observation • Teacher Observation • Teacher Observation • Teacher Observation 	<p>2.5 A.1-4 A.8-9 B.6</p> <p>2.5 A.1-4 A.8-9 B.6</p> <p>2.5 A.1-4 A.8-9 B.6</p> <p>2.5 A.1-4 A.8-9 B.6</p>

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 1, 2 & SPECIAL EDUCATION**

SKILL AREA	STUDENT OBJECTIVE	EXAMPLE/ACTIVITIES	RESOURCE/MATERIALS	ASSESSMENT	NJ CORE CURRICULUM STANDARD
SOCCER	<p>Students will be able to:</p> <ul style="list-style-type: none"> • follow directions; • use soccer skills in a game situation; • use positive encouragement with classmates; • enjoy soccer activities. <ul style="list-style-type: none"> • use skills to play a game; • follow rules; • be fair and share in playing; • play in own area; • trap, kick, pass, and dribble. 	<p>III. <u>GAMES</u></p> <p>A. Race to the Moon</p> <p>Have students get in groups of 5 with one student being the “Captain” on the moon (cone). The other students on line or on the rope are on Earth. The Captain calls a name from the Earth group and kicks the ball to that student. That student must trap the ball and dribble it to the Captain and stay on the moon. New Captains may be chosen.</p> <p>B. Kick the Cones</p> <p>Split the class in half and have each half stand in lines that are about 30 feet apart. The two lines should be facing in toward 12-16 cones scattered zig-zag. Using 6-8 balls, the students will kick them to knock the cones down. They must stay outside the boundary lines to kick. For variation, have students stand in a large circle with cones in the center. They will kick the balls until all the cones are knocked down.</p>	<ul style="list-style-type: none"> • Rope or Line (1 per group) • Cone • Soccer Ball (1 per group) <ul style="list-style-type: none"> • 12-16 Cones • 6-8 Soccer Balls • Ropes or Lines for boundaries 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 A.8-9 B.2,4 D.1 E.1</p> <p>2.5 A.1-4 A.8-9 E.1</p>

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 1, 2 & SPECIAL EDUCATION**

SKILL AREA	STUDENT OBJECTIVE	EXAMPLE/ACTIVITIES	RESOURCE/MATERIALS	ASSESSMENT	NJ CORE CURRICULUM STANDARD
SOCCER	<p>Students will be able to:</p> <ul style="list-style-type: none"> • keep the ball moving; • cooperate with a group; • stay alert; • Trap and pass. <ul style="list-style-type: none"> • kick for target; • cooperate with a group; • stay alert; • Kick, trap, and dribble. <ul style="list-style-type: none"> • enjoy using all parts of their body. 	<p>III. <u>GAMES</u> (continued)</p> <p>C. Keep the Ball Moving</p> <p>Students will form circles with 5-6 in each group. They will pass the ball in order around the circle. They will keep moving to see how many times the ball goes around before the whistle blows. For variation, the students can play "Three Trips." They will pass the ball 3 times in their circle to see who will be done first.</p> <p>D. Kick for Target</p> <p>Set up stations with a box, a waste basket, and a cone goal. Students will kick the ball to try to get it into the basket or box between the cones. They will move from station to station.</p> <p>E. Novelty Sponge Ball Soccer</p> <p>Students will be put into groups of 3. Each group will have a sponge ball. The students will try to use any part of their body to keep up the sponge ball; they cannot use their hands.</p>	<ul style="list-style-type: none"> • Soccer Ball for each group <ul style="list-style-type: none"> • 12 Soccer Balls • 4 Boxes • 4 Waste Baskets • 8 Cones <ul style="list-style-type: none"> • Sponge or Large Paper Ball for each group 	<ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation <ul style="list-style-type: none"> • Teacher Observation 	<p>2.5 A.1-4 A.8-9 C.1 D.1-3</p> <p>2.5 A.1-4 A.8-9 C.1 D.1-3</p> <p>2.5 A.1-4 A.8-9 C.1 D.1-3</p>