

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS
PHYSICAL EDUCATION CURRICULUM
GRADES 3 & 4
SEPTEMBER 2006**

Introduction to Volleyball

William J. Morgan of Mt. Holyoke, Massachusetts, invented volleyball in 1895 because of basketball. He found there was a need for a less strenuous game for lunchtime breaks at the YMCA. He used the bladder of a basketball as the very first volleyball.

To hit a volleyball, students will mainly use their fingertips, hands, and arms. The server is the player who will start the game. Only the serving team can score.

Students will appreciate America's influence in this sport. They will be able to relate to any time that they, their parents, or friends participated in the game of volleyball. They will be able to relate any skills they recall seeing used in the game.

Evaluation

Observe individual students as they:

- demonstrate serving the ball;
- demonstrate volleying in a circle.

Quiz students (10 questions) on the rules of Newcombe Volleyball.