

**TOWNSHIP OF FRANKLIN PUBLIC SCHOOLS  
PHYSICAL EDUCATION CURRICULUM  
GRADES 5 & 6  
SEPTEMBER 2006**

Introduction to Volleyball

William J. Morgan of Mt. Holyoke, Massachusetts, invented volleyball in 1895 because of basketball. He found there was a need for a less strenuous game for lunchtime breaks at the YMCA and devised a game which combined skills from tennis, handball, and baseball. He used the bladder of a basketball as the very first volleyball.

The game of volleyball originally was played for nine innings and allowed each server to have three outs. Changes kept occurring as the game spread across the country. By 1900, Canada, Central and South America, plus the Orient, played volleyball. In 1915, schools started to include volleyball as a team sport. Volleyball is now played in sixty countries.

Students will learn the origin of volleyball, appreciate the American influence in such a fine sport, and be able to locate Massachusetts on the map. At the beginning of the volleyball unit, students will be asked to recall information, rules, and skills.

Evaluation

Observe individual students as they:

- serve a ball 2 times over the net;
- volley in a circle 5-10 times;
- assist a ball over the net.

Quiz students (10 questions T- F) on the rules of volleyball.