

# NUTRI-SERVE FOOD MANAGEMENT, INC.

---

School Food Service Management  
4431 Route 130 South, PO Box 297  
Burlington, NJ 08016

(609) 386-8686  
FAX (609) 386-2255  
office@nsfm.com

September 2009

Dear Parents/Guardians,

Nutri-Serve Food Management, Inc. will once again be managing the food service program at Franklin Township Schools. We are looking forward to serving your children nutritious, tasty, and appetizing meals. In partnership with you, we would like to assist in teaching them about good nutrition and help develop healthy eating habits. Here are some highlights of our program.

## **ORDERING**

Students have a choice of several entrees. These include the “Main Meal”, the Alternate of the day, Cheese Sandwich or Chicken Caesar Salad. The menu will list other choices that may be available.

## **SERVICE**

The “**Offer vs. Serve**” program is in place in the district. Students have the option to choose all five components of the lunch or to take a minimum of three. In this program children are not required to take an item if they absolutely do not want it.

To make this program easy and fun, we have incorporated a concept called “**Balloons for a Balanced Lunch**”. Each lunch component or food group is represented by a corresponding colored balloon. The “balloons” are colored stickers or paper balloons that are placed on the line in front of the lunch component it represents. When a child has chosen a food from every color, they will know that they have a balanced lunch.

The five components offered each day are:

- |  |                |
|--|----------------|
| 1. Meat or Meat Alternate                | Red Balloon    |
| 2. Enriched bread, rice or pasta         | Brown Balloon  |
| 3. Fresh or chilled fruit or juice       | Yellow Balloon |
| 4. Hot or cold vegetable                 | Green Balloon  |
| 5. Choice of Milk                        | Blue Balloon   |
| 6. Bonus foods are offered occasionally. | Orange Balloon |

## **SELECTION**

The key to having well - balanced nutrition is variety and moderation. Ala Carte items are available to students daily. We serve items that are baked, low fat, single serve or sugar free. Items vary from day to day.

Some examples are:

- Fresh Fruit
- 100% Fruit Juice
- Baked Chips
- Soft Pretzels
- Bottled Water
- Frozen Fruit Juice
- Milk - all flavors and varieties (skim, 1%, - whole)

Students buying lunch will have the opportunity to purchase ala carte items as they go through the lunch line. Milk, juice and snacks are also available for students that bring their lunch.

### **FLEXIBILITY IN PAYMENT**

The lunch price for the 2009-2010 school year **will not** be increased and will remain at \$2.25 for paid lunches, and \$0.40 for reduced lunches. Breakfast prices remain at \$1.00 for a full priced student, and \$0.30 for reduced. Please note that students who receive free lunch benefits also receive free breakfast.

In September, only those students who were approved for reduced or free lunches last year are eligible until applications for this school year have been approved. All parents/guardians are encouraged to complete the lunch application and return it to the school as soon as possible. Each year the income requirements change, so those who were denied in previous years may now qualify.

You have the option to pay on a daily, weekly or monthly basis. You can also designate if the money is to be used for breakfast, lunch or snacks. We encourage you to pay by check, made payable to the Franklin Township School District. Please place the check/cash in an envelope with the student's full name, teacher, and the amount enclosed.

Our "Special Occasion Club" will be continuing again this year. The cafeteria would like to help you celebrate the special moments in your child's life; a birthday, good grades or "just because". You can purchase treats for your child and their classmates with a simple telephone call to this office.

As adults we understand that the more you know about good nutrition, the healthier you will be. Kids learn best by example. Encourage them to make healthy choices for themselves and to exercise regularly. Thank you for your cooperation and assistance. Nutri-Serve Food Management, Inc. is striving for a better child nutrition program in your district.

If you have any questions, please call Dineen Billingham, Food Service Director at 875-8014.

Sincerely,

Dineen Billingham  
Food Service Director