



MARY F. JANVIER LUNCH MENU

OCTOBER 2009



LUNCH PRICES		Monday	Tuesday	Wednesday	Thursday	Friday
Student Lunch	2.25				1	2
Reduced Lunch	.40					
PRE-PAID MEALS AVAILABLE		Balloons for Balanced Lunch			OVEN-FRIED CHICKEN with a DINNER ROLL or Hamburger on a Bun	
Make Checks Payable To: Franklin Township School District		Orange = Grains Green = Vegetables Red = Fruits Blue = Milk Purple = Meat & Beans Yellow = Oils & X Energy			Lunch Choice Includes: Mashed Potatoes Buttered Carrots Mixed Fruit Cup Milk Choice	
Milk Choice Available Daily: 1% White, Choc.					Fresh Cut Veggies with Dip Assorted Chilled Fruit	
WEEKLY FEATURES:		5	6	7	8	9
DAILY Cheese Sandwich		CHICKEN NUGGETS with a DINNER ROLL	BEEF-A-RONI with WARM GARLIC BREAD	CHEESE STEAK on a TORPEDO ROLL	NACHOS GRANDE with ALL THE FIXIN'S	CHEEZY PIZZA SLICE
DAILY: Chicken Caesar Salad		or Hamburger on a Bun	or Hot Dog on a Bun	or Turkey & Cheese on a Bun	or Hot Dog on a Bun	or Chef's Choice
MON: Nacho Plate		Lunch Choice Includes: Crisp Tater Tots Seasoned Green Beans Fresh Apple Milk Choice	Lunch Choice Includes: Fresh Garden Salad Diced Peaches Milk Choice	Lunch Choice Includes: Oven-Baked Fries Seasoned Peas Chilled Pears Milk Choice	Lunch Choice Includes: Fluffy White Rice Tex-Mex Corn Orange Smiles Milk Choice	Lunch Choice Includes: Fresh Cut Veggies with Dip Assorted Chilled Fruit Milk Choice
TUES: Cereal Bag		12	13	14	15	16
WED: Nacho Plate		Columbus Day School Closed	CHICKEN PATTY ON A BUN	FRENCH TOAST STICKS with a SAUSAGE PATTY	TWIN TACOS with ALL THE FIXIN'S	DOMINO'S PIZZA DAY!
THURS: Cereal Bag			or Hot Dog on a Bun	or Cheeseburger on a Bun	or Turkey & Cheese on a Bun	or Tuna Salad on a Roll
*** All lunch choices include *** side items of the featured menu		Columbus	Lunch Choice Includes: Potato Rounds Vegetarian Beans 100% Juice Cup Milk Choice	Lunch Choice Includes: Hot Cinnamon Apples 100% Orange Juice Milk Choice	Lunch Choice Includes: Mexican Rice Golden Corn Applesauce Milk Choice	Lunch Choice Includes: Garden Salad Cup with Dressing Assorted Chilled Fruit Milk Choice
SNACKS AVAILABLE DAILY		19	20	21	22	23
Fresh Baked Cookie	\$.25	POPCORN CHICKEN with a BREAD STICK	GRILLED CHEESE SANDWICH	SPAGHETTI & MEATBALLS with GARLIC BREAD	OPEN-FACED TURKEY SANDWICH	STUFFED CRUST PIZZA
Bag of Chip	.60 & .85	or Cheeseburger on a Bun	or Hot Dog on a Bun	or Turkey & Cheese on a Bun	or Hamburger on a Bun	or Tuna Salad Sandwich
Bottled Water	.60 & 1.00	Lunch Choice Includes: Buttered Carrots Applesauce Milk Choice	Lunch Choice Includes: Campbell's Tomato Soup Goldfish Crackers Sliced Peaches Milk Choice	Lunch Choice Includes: Tossed Salad Cups Chilled Pears Milk Choice	Lunch Choice Includes: Mashed Potatoes Seasoned Green Beans Cranberry Sauce Milk Choice	Lunch Choice Includes: Celery & Carrots w/Dip Assorted Chilled Fruit Milk Choice
Hot Pretzel	.75	26	27	28	29	30
	AVAILABLE DAILY	CHICKEN NUGGETS with a DINNER ROLL	TWIN TACOS with ALL THE FIXIN'S	SLICED MEATLOAF with a DINNER ROLL	MINI PANCAKES with a SAUSAGE PATTY	DOMINO'S PIZZA DAY!
Fresh Fruit and Bread Basket		or Hamburger on a Bun	or Hot Dog on a Bun	or Turkey & Cheese on a Bun	or Hot Dog on a Bun	or Chef's Choice
FIVE - A - DAY		Lunch Choice Includes: Crisp Tater Tots Glazed Carrot Coins Mixed Fruit Milk Choice	Lunch Choice Includes: Spanish Rice Mexican Corn Diced Peaches Milk Choice	Lunch Choice Includes: Mashed Potatoes Buttered Peas Chilled Pears Milk Choice	Lunch Choice Includes: McCain Hash Brown Stick Orange Smiles Milk Choice	Lunch Choice Includes: "Spooky" Veggies w/Dip "Witches Brew" Juice Cup Milk Choice
Five servings of Fruits and Vegetables per day provide essential vitamins and nutrients for a healthier YOU!!!						